

SARC 2025

7th Singapore Anaesthesia Refresher Course

2 – 5 October 2025 | Academia

Incorporating

KK HOSPITAL OBSTETRIC ANAESTHESIA SYMPOSIUM

SINGAPORE'S FIRST CARBON NEUTRAL
MEDICAL MEETING

E – PROGRAMME GUIDE

Organised by:



Singapore Society of
Anaesthesiologists



**KK Women's and
Children's Hospital**
SingHealth

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*The term "partner" is used here to mean a routinely used agent in conjunction with other anaesthetic agents⁶.

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References:

1. Health Science Authority, Singapore. INFOSEARCH - Therapeutic Products <https://eservice.hsa.gov.sg/prism/common/enquirepublic/SearchDRBProduct.do?action=load> To access SEVOrane's date of approval, input "Sevorane" as a search parameter. Last accessed 16 Sep 2025.
2. SEVOrane Singapore Prescribing Information CCDS02190617 29 Sep 2022. 3. De Hert S, Moerman A. Sevoflurane. F1000Res. 2015 Aug 25;4 (F1000 Faculty Rev):626. doi: 10.12688/f1000research.6288.1. PMID: 26380072; PMCID: PMC4560253. 4. Boonmak P, Boonmak S, Pattanittum P. High initial concentration versus low initial concentration sevoflurane for inhalational induction of anaesthesia. Cochrane Database Syst Rev. 2016 Jun 29;2016(6):CD006837. doi: 10.1002/14651858.CD006837.pub3. PMID: 27356171; PMCID: PMC8676071. 5. Yang X, Shen Y MD, Chen H MD, Chen D. An analysis of the safety of Sevoflurane drugs: A disproportionality analysis based on Food and Drug Administration Adverse Event Reporting System. Medicine (Baltimore). 2024 Aug 30;103(35):e38873. doi: 10.1097/MD.00000000000038873. PMID: 39213209; PMCID: PMC11365654. 6. Clar DT, Patel S, Richards JR. Anesthetic Gases. 2025 May 4. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2025 Jan-. PMID: 30725698.

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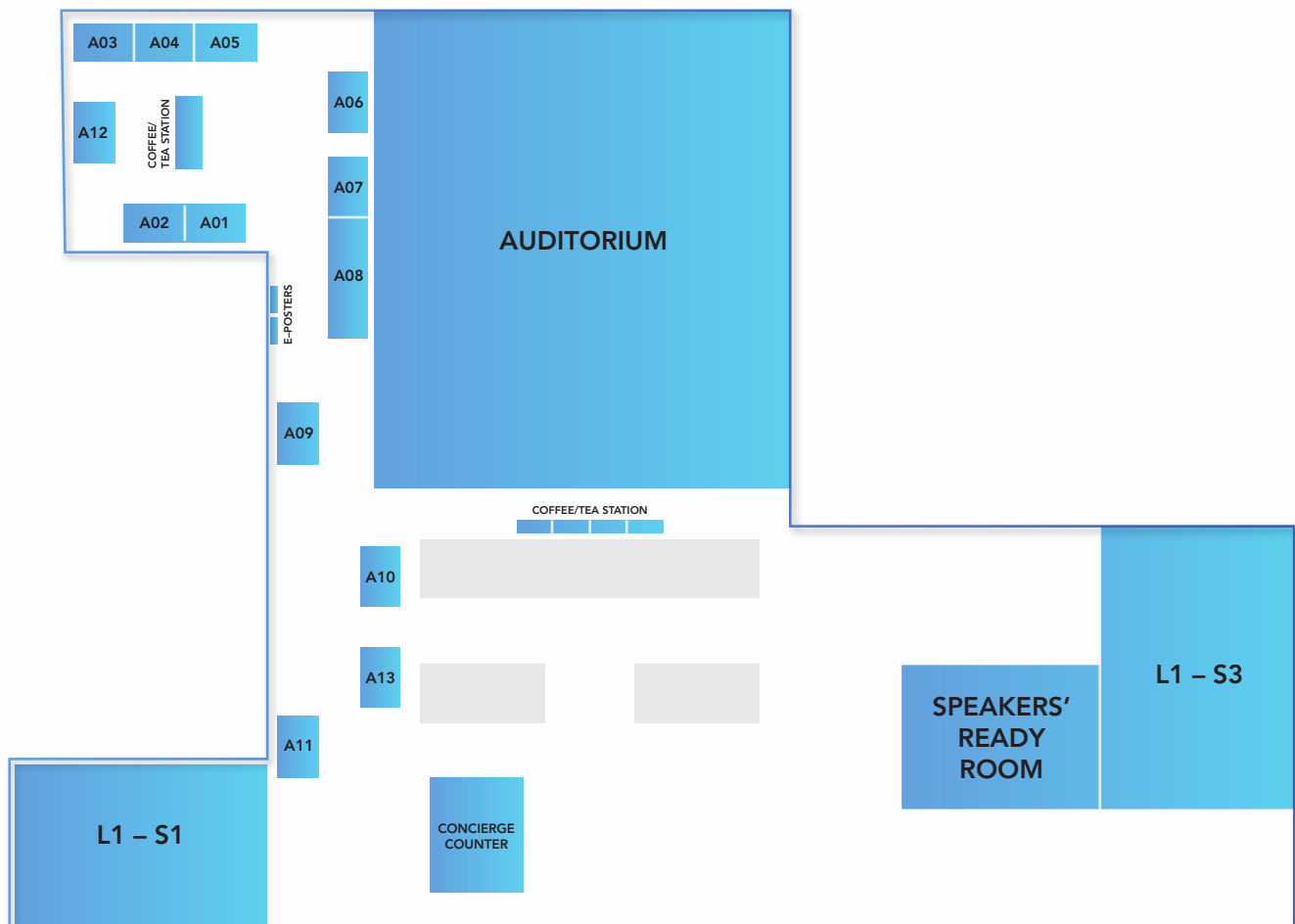


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NAVIGATING THROUGH SARC 2025.



EXHIBITOR LIST

A01	Intega	A08	Medtronic
A02	Terumo	A09	Philips Electronics Singapore Pte Ltd
A03	Solventum	A10	Omni-Health
A04	SciGen	A11	B. Braun
A05	Baxter	A12	Wellesta Holdings Pte Ltd
A06	Becton Dickinson	A13	I:Emedics Pte Ltd
A07	idsMED		



WELCOME MESSAGE FROM THE PRESIDENT, SINGAPORE SOCIETY OF ANAESTHESIOLOGISTS

The Singapore Society of Anaesthesiologists is proud to collaborate again with the Singapore Anaesthesia Refresher Course (SARC) in conjunction with the KK Hospital Obstetric Anaesthesia Symposium. The SARC held every 2 years is certainly a highlight in the Singapore Anaesthesia community where there is robust exchange of medical knowledge, acquisition of skills in workshops and a great time networking with colleagues and friends across the hospitals.

In this edition, Dr Shariq Khan (SARC), Dr Cheng Shang-Ming (KKH) and the organising committee comprising of representatives from the anaesthesia departments are putting together a comprehensive anaesthesia programme. SARC promises to be filled with overseas and local speaker experts in their subspecialty fields, plenary and track sessions, pre-conference workshops and educational track sessions for residents and juniors. In recent years, the SARC has expanded on its reach in attracting overseas delegates and this will continue with global health, sustainability and multidisciplinary focus topics close to the hearts of anaesthetists.

With excitement and anticipation, the SSA welcomes everyone to the SARC 2025!

Professor Sng Ban Leong
MBBS, MMed, FANZCA, FFPMANZCA, MCI, FAMS
President, Singapore Society of Anaesthesiologists



WELCOME MESSAGE FROM THE ORGANISING CHAIR

Dear Friends and Colleagues,

On behalf of the Organising Committee for the Singapore Anaesthesia Refresher Course (SARC 2025), I am thrilled to invite you to our conference, taking place from October 2 – 5, 2025, in Singapore. This year's event marks an exciting milestone, as we are proud to be the first medical conference in Singapore to achieve carbon neutrality.

SARC 2025 will bring together leading experts in anaesthesia, and we aim to create an engaging and informative environment for knowledge exchange and professional development. With a focus on enhancing clinical skills and broadening perspectives in anaesthesia, the conference will feature plenary sessions led by distinguished speakers.

Attendees can look forward to pre-conference workshops designed to sharpen skills in point-of-care ultrasound and regional anaesthesia, catering to both seasoned professionals and those new to these critical techniques. We believe that these sessions, along with the main conference presentations, will provide valuable learning opportunities for all participants.

Your participation is crucial to making SARC 2025 a success, and we are excited to welcome you to Singapore for what promises to be an enriching experience. Together, let's make this event memorable and impactful for the future of anaesthesia.

Warm regards,

Dr Shariq Ali Khan, MD FRCA
Organising Chair, SARC 2025

ABOUT THE SINGAPORE ANAESTHESIA REFRESHER COURSE

The SARC is the focal point for Anaesthesiology, Intensive Care and Pain Medicine education in Singapore. It is a biennial gathering involving more than 300 local and regional attendees from the public and private sectors. It serves to provide a forum for exchange of ideas and continual updates amongst members of the anaesthesia community, and a platform for improving clinical outcomes and practices through peer-to-peer and business-to-peer interactions.

SARC encourages and facilitates a learning environment with respected members of the fraternity sharing in their areas of expertise. This will feature lectures and discussions covering a wide range of topics relevant to active practitioners.

ABOUT THE SINGAPORE SOCIETY OF ANAESTHESIOLOGISTS



Singapore Society of
Anaesthesiologists

The Singapore Society of Anaesthesiologists (SSA) is a professional medical society which is open to all registered medical practitioners engaged in the practice of anaesthesia. We welcome all anaesthesia specialists, trainees, residents, fellows, and medical officers to join us. Other medical and allied professionals, including medical students, can also join the SSA as Associate Members. The objectives of SSA are:

1. To promote the art and science of anaesthesia
2. To uphold the dignity of the practice of anaesthesia
3. To represent anaesthetists and protect and advance their interests
4. To encourage and promote cooperation and friendship amongst anaesthetists
5. To promote social, culture and professional activities amongst members of the Society



ORGANISING COMMITTEE

ORGANISING CHAIR:

Dr Shariq Ali Khan
Sengkang General Hospital

SCIENTIFIC CHAIR:

Dr Desai Suneel Ramesh
Singapore General Hospital

**KK HOSPITAL OBSTRETIC ANAESTHESIA
SYMPOSIUM CHAIR:**

Dr Cheng Shang-Ming
KK Women's and Children's Hospital

PAEDIATRIC SESSION CHAIR:

Dr Chong Shin Yuet
Singapore General Hospital

WORKSHOP CO-ORGANISER:

Dr Desai Suneel Ramesh
Singapore General Hospital

POCUS WORKSHOP CO-ORGANISER:

Dr Suresh Paranjothy
National University Hospital

RA WORKSHOP CO-ORGANISER:

Dr Chan Chi Ho
Sengkang General Hospital

SUSTAINABILITY OFFICER:

Dr Poh Pei Kee
National University Hospital

**SINGAPORE SOCIETY OF ANAESTHESIOLOGISTS
REPRESENTATIVE:**

Dr Tan Zihui
Singapore General Hospital

GENERAL INFORMATION

At SARC 2025, we strive to strike a balance between maintaining the strictest hygiene practices while being mindful of our impact on the environment. Our aim is to ensure a safe and comfortable symposium experience for everyone.

We will not be providing a printed conference booklet and will minimise printed materials. The full Conference programme can be found on our website.



DATE

Pre-Conference Workshops

2 – 3 October 2025

Main Conference

4 – 5 October 2025

Singapore is 8 hours ahead of Greenwich Mean Time (GMT +8) and does not observe daylight savings time.



VENUE

Academia, Singapore General Hospital
20 College Rd, Singapore 169856

GETTING TO THE VENUE



By Car/ Taxi/ Private Hire Vehicle

Academia is easily accessible by car/ taxi/ private hire vehicle. If you are driving, we recommend that you part at either National Heart Centre Singapore, or Carpark H.



By Train/ MRT (Mass Rapid Transit)

The nearest station to SGH is Outram Park MRT Station. There are three lines connected: Thomson-East Coast Line (TEL), North East Line (NE) and East West Line (EW). Shuttle services are available at both MRT stations to ferry patients to the different hospital and institutions in SGH Campus.



By Bus

We recommend that you alight at the following bus stop:

06029 – Outram Pk Stn Exit 1: Bus Services 33, 63, 121, 122, 174, 174e, 851, 970



By Shuttle Service

SGH has 3 shuttle bus services travelling between the different institutions and car parks around SGH Campus. We recommend that you take either the Orange Shuttle Service or Green Shuttle Service. More information on the shuttle service can be found [here](#).

GENERAL INFORMATION



LANGUAGE

The official language of the conference is English. All presentations will be made in English



INTERNET ACCESS

Complimentary WIFI is available within the Conference Venue***



CONFERENCE MANAGED BY

Kenes MP Asia Pte Ltd
20 Kallang Avenue,
PICO Creative Centre Level 2
Singapore 339411



CONFERENCE BADGE

SARC 2025 is Singapore's first Carbon Neutral Medical Meeting. All Conference badges will be digital, and will be sent to you via email. Please note that your badge is personal and non-transferable.

If you have not received your digital badge, please show your E-Ticket or confirmation email to our staff at registration.



E-CERTIFICATE OF ATTENDANCE

E-Certificate of attendance will be sent via email 2 weeks after the Conference.

INVITED SPEAKERS

ANC Nuraida Binte Adenan
Sengkang General Hospital

Dr Sanjay Laxmandasji Bajaj
Woodlands Health Campus

Dr Bong Choon Looi
KK Women's and Children's Hospital

Dr Diana Chan
The Pain Clinic

Dr Chan Wan Fen
Changi General Hospital

Dr Tim Chan Chi Ho
Singapore General Hospital

Dr Tom Chan Chi Wai
Kwong Wah Hospital

Dr Jason Chan Ju In
KK Women's and Children's Hospital

Dr Carolyn Chan Li-Jen
KK Women's and Children's Hospital

A/Prof Chan Yew Weng
Singapore General Hospital

Dr Cheng Shang-Ming
KK Women's and Children's Hospital

Dr Jonathan Cheng Ming Hua
Singapore General Hospital

Dr Naville Chia Chi Hock
Khoo Teck Puat Hospital

Dr Pamela Chia Xian Qing
KK Women's and Children's Hospital

Dr Chong Shin Yuet
Singapore General Hospital

Dr Christopher John King
National University Hospital

Dr Suneel Ramesh Desai
Singapore General Hospital

ANC Fong Wen Qi
KK Women's and Children's Hospital

Dr Raymond Goy
KK Women's and Children's Hospital

Prof Hwang Nian Chih
Singapore General Hospital

Dr Anusha Kannan
Singapore General Hospital

Dr Manish Kaushik
Singapore General Hospital

**SNN Malkit Kaur D/O
Karnam Singh**
KK Women's and Children's Hospital

Dr Ke Yuhe
Singapore General Hospital

Dr Deborah Khoo
National University Hospital

Dr Aaron Kong Yik Hang
KK Women's and Children's Hospital

Dr Shariq Ali Khan
Singapore General Hospital

Dr Lean Lyn Li
Ng Teng Fong General Hospital

Dr Lie Sui An
Singapore General Hospital

Dr Rachel Leong Wei-Li
Singapore General Hospital

Dr Clarabella Liew Wei Ting
Tan Tock Seng Hospital

Dr Lim Hsien Jer
Singapore General Hospital

Dr Geoffrey Liew Haw Chieh
Singapore General Hospital

Dr Vera Lim
Tan Tock Seng Hospital

Dr Lim Yean Chin
Changi General Hospital

Dr Lim Kai Inn
Singapore General Hospital

INVITED SPEAKERS

Dr Will Loh Ne-Hooi

National University Hospital

SSN Ren Lumin

Changi General Hospital

Adj A/Prof Loh May-Han

National University Hospital

Dr Singaraselvan Nagarajan

KK Women's and Children's Hospital

Dr Roderica Ng Rui Ge

Singapore General Hospital

SSN Nur Hidayah Binte

Mohamed Hussien

Singapore General Hospital

Dr Suresh Paranjothy

National University Hospital

Dr Poh Pei Kee

National University Hospital

Dr Jocelyn Ong Siyu

Singapore General Hospital

Dr Jacqueline Sim Xiu Ling

Singapore General Hospital

Dr Christine Siaw Wei Wong

National University Hospital

Dr Eddy Saw Kah Ming

Singapore General Hospital

Prof Sng Ban Leong

KK Women's and Children's Hospital

Dr Michelle Tan Bee Hua

Changi General Hospital

Dr Prit Anand Singh

Changi General Hospital

Dr Addy Tan Yong Hui

National University Hospital

Adj A/Prof Tay Kwang Hui

National University Hospital

Adj A/Prof Tan Li Hoon

Changi General Hospital

Dr Teh Yen Yeen

Tan Tock Seng Hospital

Dr Alvin Tan Kah Heng

Khoo Teck Puat Hospital

Dr Tan Wah Tze

Mount Elizabeth Hospital

Prof Ti Lian Kah

National University Hospital

Prof Kamen Valchanov

Singapore General Hospital

Prof Terry Tan

Coombe Women and Infants University Hospital, and St James's Hospital Dublin Ireland

Dr Ma Wai Wai Zaw

Singapore General Hospital

Dr Sheila Wee

Khoo Teck Puat Hospital

Dr Kumaresk Venkatesan

Khoo Teck Puat Hospital

Dr Theodore Wong Gar Ling

Singapore General Hospital

Dr Danny Wong Jon Nian

Singapore General Hospital

Dr Annie Wong

Changi General Hospital

Dr Yeoh Chuen Jye

Singapore General Hospital

Dr Yim Chik Foo

KK Women's and Children's Hospital

Dr Wong Wan Yi

Tan Tock Seng Hospital

Dr Zhang Jinbin

Tan Tock Seng Hospital

Dr George Zhong

Westmead Hospital and Concord Hospital

Dr Antonia Zeng Ling

Singapore General Hospital

Dr Zheng Zhong Xi

Changi General Hospital

MAIN CONFERENCE PROGRAMME DAY 1 | 4 OCTOBER 2025, SATURDAY

TIME	L1 – S1	L1 – S3	AUDITORIUM
0730 – 0800	Registration		
0800 – 0815	Auditorium Welcome & Opening Address Prof Sng Ban Leong, KK Women's and Children's Hospital and SSA President Introduction to SARC 2025 Dr Shariq Ali Khan, Singapore General Hospital		
0815 – 0930	Auditorium Chair: Dr Poh Pei Kee, National University Hospital Plenary 1: Sustainability Organising a Net Zero/Climate Neutral Conference Dr Michelle Tan Bee Hua, Changi General Hospital From the EleMarsh Algorithm to Propofol Dreams Dr George Zhong, Westmead Hospital and Concord Hospital, Sydney		
0930 – 1000	Coffee/Tea Break, Exhibition and Poster Viewing		
1000 – 1130	Symposium 1: Obstetric (Labour Analgesia) Chair: Dr Singaraselvan Nagarajan, KK Women's and Children's Hospital	Symposium 2: Paediatric Chair: Dr Chong Shin Yuet, Singapore General Hospital	Symposium 3: Perioperative Medicine Chair: Dr Jacqueline Sim Xiu Ling, Singapore General Hospital
1000 – 1025	Non - Neuraxial Analgesia Prof Sng Ban Leong, KK Women's and Children's Hospital	High Frequency Ventilation in Paediatrics Dr Christopher John King, National University Hospital	Artificial Intelligence in Perioperative Medicine Dr Ke Yuhe, Singapore General Hospital
1025 – 1050	AI in Obstetric Anaesthesia Dr Aaron Kong Yik Hang, KK Women's and Children's Hospital	TIVA in Paediatric Anaesthesia Dr Ma Zaw Wai Wai, Singapore General Hospital	Evolving Landscape of Perioperative Diabetes Therapy: Focus on SGLT2i and GLP-1RA Dr Roderica Ng Rui Ge, Singapore General Hospital
1050 – 1115	Consent from Minors for Labour Epidural Adj A/Prof Loh May-Han, National University Hospital	Remote Paediatric Sedation Dr Lim Hsien Jer, Singapore General Hospital	A Practical Approach to Risk Prognostication Dr Danny Wong Jon Nian, Singapore General Hospital
1115 – 1130	Q & A	Q & A	Q & A
1130 – 1215	Lunch Break, Exhibition and Poster Viewing		
1215 – 1315	Auditorium Chair: Dr Cheng Shang-Ming, KK Women's and Children's Hospital Plenary 2: Quality and Patient Safety in Anaesthesia Prof Terry Tan, Coombe Women and Infants University Hospital, and St James's Hospital, Ireland		
1315 – 1330	Exhibition and Poster Viewing		

MAIN CONFERENCE PROGRAMME DAY 1 | 4 OCTOBER 2025, SATURDAY

TIME	L1 – S1	L1 – S3		AUDITORIUM
1330 – 1500	Symposium 4: Obstetric (Education) Chair: Dr Raymond Goy, KK Women's and Children's Hospital	Symposium 5: Neuroanaesthesia Chair: Dr Theodore Wong Gar Ling, Singapore General Hospital	1330 - 1500	Symposium 6: Airway/ENT/Head & Neck Chair: Dr Zhang Jinbin, Tan Tock Seng Hospital
1330 – 1355	Education in Obstetric Anaesthesia Prof Terry Tan, Coombe Women and Infants University Hospital, and St James's Hospital, Ireland	Anaesthesia for Interventional Radiology Dr Rachel Leong Wei-Li, Singapore General Hospital	1330 - 1350	Supraglottic Airways - The Past, Present, and Future Prof Chan Yew Weng, Singapore General Hospital
1355 – 1420	Escape Room for Inter-professional Complex Obstetric Care Dr Pamela Chia Xian Qing, KK Women's and Children's Hospital	Anaesthesia for Cerebral Aneurysms Dr Geoffrey Liew Haw Chieh, Singapore General Hospital	1350 - 1410	Pro - Con Debate: Awake Tracheal Intubation - The Bronchoscope is So Yesterday Dr Deborah Khoo National University Hospital & Dr Teh Yen Yeen, Tan Tock Seng Hospital
1420 – 1445	Virtual Reality: Patient Experience Dr Jason Chan Ju In, KK Women's and Children's Hospital	Anaesthesia for Awake Spine Surgery Dr Jonathan Cheng Ming Hua, Singapore General Hospital	1410 - 1430	Ultrasound - How Can We Incorporate it Into Our Airway Practice Dr Kumares Venkatesan, Khoo Teck Puat Hospital
1445 – 1500	Q & A	Q & A	1430 - 1450	Artificial Intelligence in Airway Management - Where Are We at Now? Dr Will Loh Ne-Hooi, National University Hospital
			1450 - 1500	Q & A
1500 – 1530	<i>Coffee/Tea Break, Exhibition and Poster Viewing</i>			
1530 – 1700	Symposium 7: Obstetric (High Risk Obstetrics) Chair: Dr Yim Chik Foo, KK Women's and Children's Hospital	1530 - 1700	Symposium 8: Major Speciality Anaesthesia Chair: Dr Lim Kai Inn, Singapore General Hospital	Symposium 9: Regional Anaesthesia & Acute Pain Chair: Dr Prit Anand Singh, Changi General Hospital
1530 – 1555	Update MMBRACE Dr Carolyn Chan Li-Jen, KK Women's and Children's Hospital	1530 - 1550	How to Prepare for Major Liver Surgery Dr Eddy Saw Kah Ming, Singapore General Hospital	Interfascial Plane Blocks - Reading Between the Lines! Dr Wong Wan Yi, Tan Tock Seng Hospital
1555 – 1620	GA in Obstetric Anaesthesia Prof Terry Tan, Coombe Women and Infants University Hospital, and St James's Hospital, Ireland	1550 - 1610	Optimising Outcomes In bariatric Surgery Within an Enhanced Recovery Programme Dr Jacqueline Sim Xiu Ling, Singapore General Hospital	Infection Control Guidelines for Regional Anaesthesia Dr Lim Yean Chin, Changi General Hospital
1620 – 1645	Multidisciplinary Team Management of High Risk Obstetric Patients Dr Anusha Kannan, Singapore General Hospital	1610 - 1630	Perioperative Management of the Bleeding Patient Dr Chan Wan Fen, Changi General Hospital	Regional Anaesthesia for TKR: What Blocks Can You Do? Dr Tim Chan Chi Ho, Singapore General Hospital
1645 – 1700	Q & A	1630 - 1650	Patient Blood Management: Perioperative Conservative Technique - SGH Experience Dr Lim Kai Inn, Singapore General Hospital	Take Me Home! Postop RA Catheter Service Dr Sanjay Laxmandasji Bajaj, Woodlands Health Campus
		1650 - 1700	Q & A	Q & A
1700	Day 1 Adjourn			



MAIN CONFERENCE PROGRAMME

DAY 2 | 5 OCTOBER 2025, SUNDAY

TIME	L1 – S1		L1 – S3	AUDITORIUM
0730 – 0800	Registration			
0800 – 0830	Auditorium Chair: Dr Suneel Ramesh Desai Singapore General Hospital & National Heart Centre Singapore Plenary 3: Perioperative PoCUS - Development of a National Curriculum and Training Programme Dr Suresh Paranjothy, National University Hospital			
0830 – 0900	Auditorium Chair: Dr Suneel Ramesh Desai, Singapore General Hospital & National Heart Centre Singapore Plenary 4: Integration of Artificial Intelligence in Echocardiography Prof Hwang Nian Chih, Singapore General Hospital & National Heart Centre Singapore			
0900 – 1000	Auditorium Chair: A/Prof Ti Lian Kah, National University Hospital Using EEGBeyond the Processed BIS™ Number Dr Lean Lyn Li, Ng Teng Fong General Hospital Dr Vera Lim, Tan Tock Seng Hospital Dr Tan Wah Tze, Mount Elizabeth Hospital Dr Bong Choon Looi, KK Women's and Children's Hospital Medtronic Engineering the extraordinary			
1000 – 1030	Coffee/Tea Break, Exhibition and Poster Viewing			
1030 – 1200	Symposium 10: Chronic Pain Chair: Dr Zheng Zhong Xi, Changi General Hospital	1030 - 1200	Symposium 11: ICU/Trauma/Burns Chair: Dr Naville Chia Chi Hock, Khoo Teck Puat Hospital	Symposium 12: Cardiovascular & Thoracic Anaesthesia Chair: Prof Kamen Valchanov, Singapore General Hospital
1030 – 1050	Pharmacotherapy/Neuromodulation for Neuropathic Pain - Where Are We Now? Dr Annie Wong, Changi General Hospital	1030 - 1055	Fluid Therapy: To Give or Not to Give? Dr Addy Tan Yong Hui,	Interventional Cardiology Updates for Anaesthesiologists Dr Antonia Zeng Ling, Singapore General Hospital & National Heart Centre Singapore
1050 – 1110	Understanding Nociplastic Pain Dr Tom Chan Chi Wai, Kwong Wah Hospital, Hong Kong	1055 - 1120	Resuscitation in Trauma Dr Sheila Wee, Khoo Teck Puat Hospital	ECPR in Asia Prof Kamen Valchanov, Singapore General Hospital & National Heart Centre Singapore
1110 –1130	Interventional Pain Medicine & Back Pain - To Do or Not To Do? Dr Diana Chan, Singapore	1120 - 1145	Perioperative AKI & CRRT Dr Manish Kaushik, Singapore General Hospital	The Value of PoCUS in Cardiothoracic OT & ICU Dr Suneel Ramesh Desai, Singapore General Hospital & National Heart Centre Singapore
1130 – 1150	Chemoablation for Non-Operative Management of Joint Pains! Dr Prit Anand Singh, Changi General Hospital	1145 - 1200	Q & A	Q & A
1150 – 1200	Q & A			
1200 – 1300	Lunch Break, Exhibition and Poster Viewing			



MAIN CONFERENCE PROGRAMME

DAY 2 | 5 OCTOBER 2025, SUNDAY

TIME	L1 – S1		L1 – S3		AUDITORIUM
1245 – 1415	Auditorium Chair: Dr Yeoh Chuen Jye, Singapore General Hospital Plenary 5: Human Factors Dr Jocelyn Ong Siyu, Singapore General Hospital				
1415 - 1445	Auditorium Chair: Dr Suneel Ramesh Desai, Singapore General Hospital & National Heart Centre Singapore Plenary 6: How To Incorporate Patient Safety in Medical Education - Both Formally and Informally Prof Hwang Nian Chih, Singapore General Hospital & National Heart Centre Singapore				
1445 - 1500	Exhibition and Poster Viewing				
1500 - 1630	Symposium 13: Nursing & Allied Health Chair: SSN Malkit Kaur D/O Karnam Singh, KK Women's and Children's Hospital	1500 - 1630	Symposium 14: Residency/Education/Exams Chairs: Dr Clarabella Liew Wei Ting, Tan Tock Seng Hospital Dr Deborah Khoo, National University Hospital Dr Lie Sui An, Singapore General Hospital	Symposium 15: Sustainability SIG Chair: Dr Poh Pei Kee, National University Hospital	
1500 - 1520	Small Gas, Big Impact: Why CGH Let Go of N2O SSN Ren Lumin, Changi General Hospital	1500 - 1525	Standard Setting: As a Resident, How Do I Know What I Am “Reasonably Expected to Know?” Adj A/Prof Tan Li Hoon, Changi General Hospital	A Calculator for Ideal FGF During TIVA in Singapore and Beyond Dr Christine Siaw Wei Wong, National University Hospital	
1520 - 1540	Sustainability Initiatives in KKH Operating Theatre ANC Fong Wen Qi, KK Women's and Children's Hospital	1525 - 1550	Faculty Development: How to Be an Examiner and Why You Should Be One Prof Tay Kwang Hui, National University Hospital	Partnerships to Inspire Dr Alvin Tan Kah Heng, Khoo Teck Puat Hospital	
1540 - 1600	Human Error and Near Misses: A Reflective Journey Through Perianaesthesia Care ANC Nuraida Binte Adenan, Sengkang General Hospital	1550 - 1615	Why Is the Pass Rate So Low? Prof Tay Kwang Hui, National University Hospital	Gowning for Spinals Update Dr Poh Pei Kee, National University Hospital	
1600 - 1620	Role and Responsibilities of an AU Nurse SSN Nur Hidayah Binte Mohamed Hussien, Singapore General Hospital	1615 - 1630	Q & A	Q & A	
1620 - 1630	Q & A				
1630 - 1640	Break				
1640 - 1650	Auditorium Judges: Prof Sng Ban Leong, KK Women's and Children's Hospital, Dr Poh Pei Kee, National University Hospital, Dr Shariq Ali Khan, Singapore General Hospital Presentation of Prizes for Abstract Submissions and Humanities Competition Prof Sng Ban Leong, KK Women's and Children's Hospital				
1650 – 1700	Closing Address Dr Shariq Ali Khan, Singapore General Hospital				
1700	Day 2 Adjourn				

ABSTRACTS SUBMITTED FOR SARC 2025

- 1. The Anxiolytic Effect of Preoperative Patient-Matched Aromatherapy – An RCT**
Dr Hwang Kai Yin, National University Hospital
- 2. C.A.R.E. Airway: Challenges in Anaplastic Thyroid Carcinoma Respiratory Emergencies**
Dr Jocelyn Yeo Yi Huang, Singhealth
- 3. Predicting Difficulties In Gastric Tube Insertion Under Anaesthesia**
Dr Lam Wei Yi, National University Hospital
- 4. Evaluation of NuCalm in day-case surgical patients: a double-blinded RCT**
Dr Lee Joon Yan Selene, Singapore General Hospital
- 5. Nasal Intubation Challenges: Sizing and Epistaxis**
Dr Nurul Eleena Binti Mohamad Ngasri, Woodlands Health
- 6. A Perilous Midnight Pediatric Airway**
Leong Kah Mun, KK Women's and Children's Hospital
- 7. Machine Learning-Driven Prediction of Significant Postoperative Pain in Patients Using Morphine Patient-Controlled Analgesia**
Shaohong Wang, Duke-NUS Medical School
- 8. Reducing Nurses' Preparation Time for Double-Lumen Tube Intubation**
SSN Lim Yen Yee, Sengkang General Hospital
- 9. Identifying Factors associated with Increased Acute Postpartum Pain**
Song Xin Jie, Duke-NUS Medical School
- 10. Axillary serratus anterior plane (A-SAP) block as a novel approach to anesthetizing the intercostobrachial nerve for upper arm arteriovenous fistula creation surgery – three case reports**
Dr Lim Jia Yin, Sengkang General Hospital
- 11. Achieving opioid-free anaesthesia for laparoscopic cholecystectomy using the external oblique intercostal block - a case series**
Dr Lim Jia Yin, Sengkang General Hospital



PRE-CONFERENCE WORKSHOPS

SARA WORKSHOP | 2 OCTOBER 2025, THURSDAY

TITLE

SARA (Sonography Assisted Regional Anaesthesia) Workshop

DETAILS

2 October 2025 (Half Day, 0700 – 1230)

SYNOPSIS

The Hands-on Sonography Assisted Regional Anaesthesia (SARA) Workshop is an intensive, interactive training session designed for anaesthesiologists, pain specialists, and healthcare professionals who seek to advance their skills in regional anaesthesia techniques using ultrasound guidance. The workshop provides a comprehensive blend of theoretical knowledge and practical experience, ensuring that participants gain the confidence and proficiency needed to perform various ultrasound-guided regional anaesthesia procedures.

Through high-quality ultrasound equipment and guidance from expert faculty, participants will practice identifying the relevant anatomy, guiding the needle to the target site, and optimising patient positioning.

Following completion of the workshop, a certificate of participation will be issued by the Singapore Society of Anaesthesiologists (SSA).

LEARNING OBJECTIVES

- Mastery of ultrasound anatomy and image interpretation for regional anaesthesia procedures.
- Safe and effective performance of common blocks.
- Understanding of needle insertion techniques, real-time needle guidance, and optimising block efficacy.
- Troubleshooting common challenges in ultrasound-guided anaesthesia and managing complications.
- Evidence-based practice in the context of ultrasound-guided regional anaesthesia.



PRE-CONFERENCE WORKSHOPS

SARA WORKSHOP | 2 OCTOBER 2025, THURSDAY

MAXIMUM NUMBER OF PARTICIPANTS

32 participants

COURSE DIRECTOR

Dr Tim Chan Chi Ho
Sengkang General Hospital & Singapore General Hospital

COURSE CO-ORGANISER

Dr Suneel Ramesh Desai
Singapore General Hospital

FACULTY

Dr Ashokka Balakrishnan
Senior Consultant, National University Hospital, Singapore

Dr Chan Chi Ho
Consultant, Singapore General Hospital, Singapore

Dr Chan Chi Wai
Associate Consultant, Kwong Wah Hospital, Hong Kong SAR

Dr Lee Shu Ying
Paediatric Anaesthesia Senior Consultant, KK Women's and Children's Hospital, Singapore

Dr Macachor Joselo
Senior Staff Physician, Khoo Teck Puat Hospital, Singapore

Dr Prit Anand Singh
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PRE-CONFERENCE WORKSHOPS

SARA WORKSHOP | 2 OCTOBER 2025, THURSDAY

SCHEDULE

TIME	DESCRIPTION/TITLE
0745 – 0800	Registration
0800 – 0830	Workshop 1: Useful Blocks for Shoulder and Clavicle Surgery
0830 – 0900	Workshop 2: Blocks for Proximal and Distal Upper Limb Surgeries
0900 – 0930	Workshop 3: How to perform an Above-Knee Amputation surgery under Regional Anaesthesia?
0930 – 1000	Workshop 4: Motor-Sparing Blocks for Total Knee Replacement
1000 – 1015	Coffee/Tea Break
1015 – 1045	Workshop 5: Targeting the Upper Abdominal Wall: External Oblique Intercostal (EOI) Block and Oblique Subcostal Transversus Abdominis Plane (OS-TAP) Block
1045 – 1115	Workshop 6: Targeting the Lower Abdominal Wall: Quadratus Lumborum Block, Transversus Abdominis Plane Block, and Ilioinguinal/iliohypogastric Nerve Block
1115 – 1145	Workshop 7: Blocks for Hip Surgery
1145 – 1215	Workshop 8: Spine Ultrasound: Ultrasound-Assisted Neuraxial Block and Ultrasound-Guided Paraspinal Blocks

PRE-CONFERENCE WORKSHOPS

SONICS WORKSHOP | 2-3 OCTOBER 2025, FRIDAY

TITLE

SONICS (Sonography Core Skills) Workshop

DETAILS

Day 1: 2 October 2025 (Half day, 1230 – 1730)

Day 2: 3 October 2025 (Full day, 0700 – 1830)

SYNOPSIS

This 1.5 day workshop focuses on PoCUS to facilitate SMART management:

- **Stabilisation:** Perioperative & ICU emergencies, airway management, vascular access, respiratory failure, shock, AKI, abdominal compartment syndrome; indications for decompression (pleural, pericardial, abdominal, urinary tract obstruction); indications for specialist consult, imaging, intervention, or surgery; indications for VV & VA ECMO/ECLS activation
- **Monitoring:** Fluid administration, venous congestion, diuresis, RRT; haemodynamics, cardiac function, vasopressor & inotropic support; lung aeration, respiratory muscle dysfunction, ventilator recruitment & weaning; optic nerve sheath diameter
- **Assessment:** use of PoCUS to clarify clinical examination & investigation findings
- **Resuscitation:** Cardiac arrest & trauma
- **Triage:** Pre-operative assessment, acute care decision making; cardiac chamber dilatation & phenotypes, 2D & colour Doppler red flag features of significant valvulopathy; airway measurements to identify OSA, difficult mask ventilation, & difficult intubation risk; abdominal wall and quadriceps muscle measurements of sarcopenia and frailty
 - Point of Care Ultrasound (PoCUS) workshop.
 - Endorsed by Singapore Society of Anaesthesiologists (SSA).
 - Certificate of Participation issued by SGH & NUH Departments of Anaesthesiology.
 - Includes "SONICS" e-learning materials, pre- and post-workshop MCQ tests, formative DOPS assessments during workshop, and post-workshop access to the "USE IT" app for remote tutor support to facilitate logbook completion.



PRE-CONFERENCE WORKSHOPS

SONICS WORKSHOP | 2-3 OCTOBER 2025, FRIDAY

LEARNING OBJECTIVES

The content of the workshop includes the latest updates in the current literature. Experienced faculty will guide participants in practical hands-on "head-to-toe" scanning in simulated patients, using dynamic volume sweep imaging methodology for rapid and reliable image acquisition; as well as local image storage in the US machine for rapid review using freeze and scroll functions, and selective measurements. The emphasis will be on patient safety, infection control, and human factors approach to maintain patient focus, situational awareness, and effective communication when using PoCUS.

MAXIMUM NUMBER OF PARTICIPANTS

32 participants

COURSE DIRECTORS

Dr Suneel Ramesh Desai
Singapore General Hospital

Dr Suresh Paranjothy
National University Hospital

FACULTY

Dr Agrawal Rohit Vijay
Senior Consultant, National University Hospital, Singapore

Dr Alex Joseph
Senior Consultant, Changi General Hospital, Singapore

Dr Ashokka Balakrishnan
Senior Consultant, National University Hospital, Singapore

Dr Chan Chi Ho
Consultant, Singapore General Hospital, Singapore

Dr Foong Theng Wai
Senior Consultant and Clinical Assistant Professor,
National University Hospital, Singapore

Dr Hwang Kai Yin
Associate Consultant, National University Hospital, Singapore

Dr Koh Zheng Ning
Consultant, National University Hospital, Singapore

Dr Kumaresk Venkatesan
Senior Consultant, Khoo Teck Puat Hospital, Singapore



PRE-CONFERENCE WORKSHOPS

SONICS WORKSHOP | 2-3 OCTOBER 2025, FRIDAY

FACULTY

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Senior Consultant, Tan Tock Seng Hospital, Singapore

Dr Lee Weishan Delice

Senior Consultant, National University Hospital, Singapore

Dr Li Weiyi Daphne

Consultant, National University Hospital, Singapore

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Dr Swapna Thampi

Senior Consultant, National University Hospital, Singapore

Dr Zhang Jinbin

Senior Consultant, Tan Tock Seng Hospital, Singapore



PRE-CONFERENCE WORKSHOPS

SONICS WORKSHOP | 2-3 OCTOBER 2025, FRIDAY

SCHEDULE

TIME	DESCRIPTION/TITLE
1215 – 1245	Registration & Lunch
1245 – 1325	Airway & Gastric
1325 – 1405	Vascular access & DVT
1405 – 1445	SP Sim Scenario
1445 – 1500	Coffee/Tea Break
1500 – 1540	Quick ABC
1540 – 1620	Chest, Abdomen, IVC (x2)
1620 – 1700	Heart, JVP, IVC (x2)
1700	Day 1 Adjourn



PRE-CONFERENCE WORKSHOPS

SONICS WORKSHOP | 2-3 OCTOBER 2025, FRIDAY

SCHEDULE

TIME	DESCRIPTION/TITLE
0745 – 0800	Registration
0800 – 0830	Airway & Gastric
0830 – 0900	Chest & DVT
0900 – 0930	Abdomen & IVC
0930 – 1000	Heart, JVP & IVC
1000 – 1015	Coffee/Tea Break
1015 – 1045	Difficult airway & OSA measurements, & airway blocks
1045 – 1115	Chest & DVT
1115 – 1145	Abdomen & IVC
1145 – 1215	Heart, JVP & IVC
1215 – 1245	Lunch
1245 – 1315	Quick ABC
1315 – 1345	IVC variability, Hepatic Vein colour flow, & LVOT VTI
1345 – 1415	Cardiac function & valves
1415 – 1445	Respiratory muscles & frailty
1445 – 1500	Coffee/Tea Break
1500 – 1540	Quick ABC
1530 – 1600	IVC variability, Hepatic Vein colour flow, & LVOT VTI
1600 – 1630	Cardiac function & valves
1630 – 1700	VExUS
1700	Post-workshop MCQ & Day 2 Adjourn

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References:

1. Health Science Authority, Singapore. INFOSEARCH - Therapeutic Products <https://eservice.hsa.gov.sg/prism/common/enquirepublic/SearchDRBProduct.do?action=load> To access SEVOrane's date of approval, input "Sevorane" as a search parameter. Last accessed 16 Sep 2025.
2. SEVOrane Singapore Prescribing Information CCDS02190617 29 Sep 2022. 3. De Hert S, Moerman A. Sevoflurane. F1000Res. 2015 Aug 25;4 (F1000 Faculty Rev):626. doi: 10.12688/f1000research.6288.1. PMID: 26380072; PMCID: PMC4560253. 4. Boonmak P, Boonmak S, Pattanittum P. High initial concentration versus low initial concentration sevoflurane for inhalational induction of anaesthesia. Cochrane Database Syst Rev. 2016 Jun 29;2016(6):CD006837. doi: 10.1002/14651858.CD006837.pub3. PMID: 27356171; PMCID: PMC8676071. 5. Yang X, Shen Y MD, Chen H MD, Chen D. An analysis of the safety of Sevoflurane drugs: A disproportionality analysis based on Food and Drug Administration Adverse Event Reporting System. Medicine (Baltimore). 2024 Aug 30;103(35):e38873. doi: 10.1097/MD.00000000000038873. PMID: 39213209; PMCID: PMC11365654. 6. Clar DT, Patel S, Richards JR. Anesthetic Gases. 2025 May 4. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2025 Jan-. PMID: 30725698.

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1. Health Science Authority, Singapore. INFOSEARCH - Therapeutic Products <https://eservice.hsa.gov.sg/prism/common/enquirepublic/SearchDRBProduct.do?action=load> To access SEVOrane's date of approval, input "Sevorane" as a search parameter. Last accessed 16 Sep 2025.
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